



Rocket Canary Wharf



TO START

JERUSALEM ARTICHOKE SOUP (V) 9
roasted chestnut, toasted ciabatta, truffle oil, garlic & herb butter and chives. 512 kcal
VG-M alternative available - 464 kcal

PANCETTA & BARBER'S VINTAGE CHEDDAR CROQUETTES 9
burnt onion aioli, Buffalo hot sauce, chives & micro red sorrel leaves. 447 kcal

GAME & PORK SCOTCH EGG 10.50
HP sauce. 510 kcal

THE MIDDLE

TURNER & GEORGE'S BLOCK CUTS

Please enquire with a member of the team for details about our cut of the day & calorie information.

Served with chunky chips +283 kcal or frites +419 kcal, watercress & your choice of green peppercorn sauce† +233 kcal, Bovril butter +279 kcal or blue cheese sauce +261 kcal

MELTING CAMEMBERT BEEF BURGER 21.50
flamed with Cognac, with burger sauce, streaky bacon, fig & honey chutney, 'nduja oil, shredded gem lettuce & frites. 1552 kcal

SMOKY BACON CHEESEBURGER 20.50
burger sauce, sliced gherkins, baby gem lettuce & frites. 1382 kcal

SPICY CHICKEN SCHNITZEL BURGER 20.50
Buffalo hot sauce, burger sauce, baby gem lettuce, sliced gherkins, burnt onion aioli, smoked Cheddar & frites. 1252 kcal

SYMPPLICITY BURGER (VG-M) 20.50
vegan Buffalo sauce, Violife cheese slice, red onion chutney, baby gem lettuce, sliced gherkins & frites. 1054 kcal
Add Symplicity foods 'nduja (VG) + 2 +179 kcal

CRISPY COATED CHICKEN SCHNITZEL 21.50
garlic & herb butter, chicken gravy & frites. 1161 kcal
Add a fried egg +1 +104 kcal

SIDE NOTES

CHUNKY CHIPS (VG) 5.50 283 kcal

FRITES (VG) 5.50 419 kcal

TRUFFLE PARMESAN FRITES 7.50 653 kcal

HOUSE GREEN SALAD (VG) 7.50 211 kcal

SEASONAL VEGETABLES (VG) 6.50 193 kcal

BBQ-SPICED SWEETCORN WEDGES (VG) 9
burnt onion aioli. 697 kcal

CHARRED HARISSA AUBERGINE (VG) 10
harissa coconut yoghurt, pomegranate, herb oil, herb crumb, flaked almonds and micro flowers. 450 kcal

CHICKEN WINGS 10.50
Buffalo hot sauce & blue cheese dip. 555 kcal

PICKLED BEETROOTS (VG) 8.50
crumbled Greek-style Sheese®, toasted pine nuts, herb oil and micro flowers. 201 kcal

WILD BOAR & APPLE BANGERS* 20.50
creamy smoked cheddar mash with braised red cabbage, red onion chutney, crispy fried onions and house red wine & beef gravy. 875 kcal

BEER-BATTERED FISH & CHIPS 20
minted mushy peas & tartare sauce. 1092 kcal

SYMPPLICITY 'NDUJA & MUSHROOM PASTA RAGU (VG) 16.50
rich red wine and miso† sauce, tagliatelle pasta with herb crumbs, herb oil, and red micro sorrel. 377 kcal

DRESSED CAESAR SALAD 17.50
gem lettuce, anchovies, soft boiled egg, Grana Padano cheese & croutons. 570 kcal
Add peanut-style satay chicken & streaky bacon +1.50 +448 kcal or peanut-style satay salmon +5.50 +231 kcal

MISO† & WHITE WINE GLAZED COD 26.50
garlic & herb butter glazed potatoes, samphire, creamy white wine & dill sauce and herb oil. 1004 kcal

BRITISH MIXED GAME PIE† 21.50
lamb bone in a rich ragu, with buttered roasted hispi cabbage, dauphinoise potatoes, and peppercorn sauce†. 1154 kcal

FLOODED MASH 7.50
smoked cheddar mashed potato, flooded with chicken gravy, crispy onion & chives. 594 kcal

ADD A LITTLE KINDNESS TO YOUR MEAL

Donate £3 to **Gingerbread*** and help single-parent families find support and community this Christmas.

Do you have any allergies?

Please inform staff of any allergies before placing your order, even if you have eaten the dish before, as ingredients can change and menus do not list all ingredients. Full allergen information is available for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes. While all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination. There is significant risk of cross-contamination in our deep fat fryers. Fish and poultry dishes may contain bones. A discretionary 12.5% service charge will be added to your bill. All tips are paid in full to our team.

(V) Suitable for vegetarians. (VG) Suitable for vegans. (V-M) Made with vegetarian ingredients; however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. (VG-M) Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen. Although every care has been taken to remove bones, some bones may remain. †Contains alcohol. *contains pork. Gingerbread is a registered charity No. 230750. Registered with the Fundraising Regulator www.gingerbread.org.uk TCC NOV25 Rocket Menu BE

Adults need around 2000 kcal a day.